

Name (Optional):	, = _X	Trained by Jo	Joshua Strub				
Course Title: Lunch and Learn - Nutrition	Date(s): 19 th Feb 2019						
o ensure our standards of quality are maint aining course. Any information you provide				some feedb	ack on the above		
1. Overall, how would you rate the seminar?	Excellent	Good	Average	Variable	Poor		
2. What did you like most about the seminar?	Comments Learn Sleep	ing ne + alw	w Stuf Wil - M	r-e:	9. 201		
3. Was the length of the seminar too long or, about right?	Too Long	Al	bout Right	Т	oo Short		
4. How helpful did you find the information on basic fitness and nutrition?	Very He	elpful 50,	/50 - I learned a two	thing or I	didn't learn much a all – Not Helpful		
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5. How likely are you to attend another seminar similar in the future, if given the opportunity?	Very Likely	S	Somewhat likely		ot so likely		
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6. How do you rate the speaker?	Informativ	re, engaging, d friendly	Somewhat info		ot very informative		
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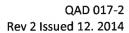
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5. How likely are you to attend another seminar similar in the future, if given the	Very Likely	kely Somewhat likely		ı	lot so likely		
opportunity?		1/					
6. How do you rate the speaker?	Informative, e helpful and fr		Somewhat info	- 1	lot very informative elpful or friendly		



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